



# Emerald Green

## Specialist Education

### DYSLEXIA QUICK GUIDE

#### Signs of Dyslexia:

**Rhyming Struggles:** Difficulty learning nursery rhymes or recognizing rhyming patterns.

**Word Muddling:** Mixing up sounds, such as saying "pushchair" as "pushpram" or "spaghetti" as "pusghetti".

**Naming Difficulties:** Forgetting the names of friends, teachers, or common objects, often using vague words like "thingy" or "stuff".

**Sequencing Issues:** Difficulty following multi-step instructions (e.g., "brush your teeth and comb your hair") or learning the days of the week.

**Phonological Awareness:** Difficulty hearing the individual sounds that make up words - 'c-a-t'

**Letter Reversals beyond 6 years old:** Consistently confusing similar-looking letters like b and d, or p and q.

**Unpredictable Spelling:** Spelling the same word in several different ways within the same piece of work.

**Struggling to organise themselves:** forgetting things for school or struggling to organise their work.

**Discrepancy in Ability:** A child who is bright and answers questions well orally but struggles to put those same thoughts into writing.

#### And how you can help:

**Multi-sensory Learning:** This means using all the senses - hands on is most important.

**Phonics :** Standard synthetic phonics alone will not usually be enough to support a Dyslexic learner to read. They need a multi-sensory, cumulative, structured approach.

**Repetition!** If they are struggling to learn concepts such as days of the week - build practice into real-life situations and keep practising!

**Celebrate the achievements:** Dyslexic people are creative thinkers, artists or fantastic sports people. Raise self-esteem by acknowledging the areas they excel in and find out more here: [Made by Dyslexia](#).

**Supporting organisation and short-term memory:** help them get systems and reminders in place to help them remember what they need. Post its, lists & voice notes are your friend!

**Homework:** Speak to school about making sure homework isn't overloading them. It can take dyslexic learners longer to complete and this should be taken into account.

**Exam Access Arrangements:** Check in with school at the beginning of a course about what may be in place for them to support fair access.

#### **DYSLEXIA SUPPORT & INFORMATION FOR PARENTS**

[BRITISH DYSLEXIA ASSOCIATION](#)

[MADE BY DYSLEXIA](#)

[ADDRESSING DYSLEXIA](#)

GOOGLE YOUR LOCAL SUPPORT NETWORK